Professional Nursing Practice

1. In order to meet the needs of differing communities, the government delegates authority to smaller agencies of the state. An example of this type of law would be which of the following?
   1. The nurse practice act
   2. The nurse following the speed limit
   3. The nurse participating in continuing education courses
   4. The nurse refers to a patient’s desire to control the access of their information to others
2. Which of the following definitions best describes ethics?
   1. The rules or principles that govern conduct
   2. Public concerns regarding an individual’s behavior that endangers the public
   3. The adherence to the laws and regulations governing nursing
   4. The patient’s right to make their own decisions regarding their healthcare
3. In order to avoid the legal consequences of improper nursing, you should implement which of the following?
   1. Ensure the patient is safe
   2. Ensuring the patient has signed informed consent after the procedure has been done
   3. Asking a family member for a ‘password’ if they wish to seek their loved one’s health information over the phone
   4. Delegating stable patients and simple tasks to the LPN
4. Lawsuits that result from nursing negligence often are due to the nurse failing to do something. Which of the following nursing interventions done by your co-worker would require further education?
   1. Asks for assistance pulling the patient up in bed
   2. Calls the provider when a medication order is weird
   3. Documents a patient’s respiratory rate as 18 when they are off the unit
   4. Voices the patients concerns to the provider
5. The nurse believes that the patient is currently having a stroke but does not want to upset the family members. Which ethical principle is at question here?
   1. Autonomy
   2. Veracity
   3. Fidelity
   4. Beneficence
6. Which of the following is not a step of the ethical decision-making process?
   1. Clarify
   2. Act accordingly
   3. Consider the feelings of others
   4. Evaluate the effectiveness
7. Which nurse theorist puts emphasis on the importance of self-care?
   1. Orem
   2. Henderson
   3. King
   4. Neuman
8. Which of the following descriptions partly describe nursing as a science? Select all that apply.
   1. Based on facts
   2. Research based
   3. Composed of tested principles
   4. Based on nursing theory
9. Ida says, “Theory and research without practice may be empty, but practice without theory is blind.” What does this quote mean in its relation to nursing?
   1. It is pointless to only study theory and research
   2. You only need theory and research to become a nurse
   3. You should not research if you have not been in the nursing practice
   4. You need all three aspects to adequately care for patients
10. Which of the following “Theories” are least ready to be implemented into nursing practice?
    1. Conceptual models
    2. Philosophies
    3. Frameworks
    4. Theories
11. Which nursing theorist focuses on the proficiency of nurses?
    1. Roy
    2. Leininger
    3. Benner
    4. Pender
12. Which of the following statements is false regarding the systems theory?
    1. The whole is equal to the sum of its parts
    2. Systems may be open or closed
    3. Systems are a set of interrelated parts
    4. All systems strive for homeostasis
13. You know how to perform a sterile dressing change because of your experience in 232 lab. Which of the following ways of acquiring knowledge is this an example of?
    1. Personal experience
    2. Trial and error
    3. Intuition
    4. Authority
14. Which of the following is NOT a step in the nursing research process?
    1. Describe
    2. Expect
    3. Control
    4. Predict
15. You are performing research on the capabilities of metoprolol to lower blood pressure in hypertensive patients. Which type of research method is this? Select all that apply.
    1. Quantitative
    2. Qualitative
    3. Theory-generating research
    4. Theory-testing research
16. The nurse researcher is trying to test the prevalence of social issues in society. Which type of research would best identify this?
    1. Descriptive
    2. Correlational
    3. Grounded theory
    4. Ethnographic
17. Which of the following are negative aspects of the US health care system?
    1. Decentralized and less structured
    2. More choices for the insured
    3. Allows public access to healthcare
    4. Results in poorer health outcomes
18. Which of the following are aspects of the institute of medicine (IOM)? Select all that apply.
    1. Aims for safe, effective, timely, patient centered care
    2. Released the Health System Reform Agenda
    3. To Err is Human
    4. Releases national patient safety goals
19. Which of the following is a goal for kyhealthnow 2019?
    1. Reduce America’s rate of uninsured individuals to less than 5%
    2. Reduce the smoking rate of Kentuckians by 10%
    3. Reduce obesity in the southern region by 10%
    4. Reduce cancer deaths in Kentucky by 5%
20. An example of the environment within the epidemiologic triad model would include which of the following?
    1. Socioeconomic status
    2. Genetics
    3. Nutrition and diet
    4. Bacteria
21. Which of the following would be an example of primary prevention for breast cancer?
    1. Routine mammograms for women above 45
    2. Double mastectomy
    3. Genetic testing for the BRCA II gene
    4. Teaching self-breast exams

1. C

2. A

3. ACD

4. C

5. B

6. C

7.A

8. ABCD

9. D

10. B

11. C

12. A

13. D

14. B

15. AD

16. C

17. D

18. AC

19. B

20. A

21. D